

becoming
who you are



“Free From Defeat”

(Part 1)

Romans 8:5-13

The Holy Spirit in Romans 8

- a. Gives physical and eternal life (vs. 2, 10, 14, 16, 23)
- b. Enables us to walk in obedience (vs. 4-5, 10)
- c. Brings peace (vs. 6)
- d. Indwells (vs. 9, 11)
- e. Raised Jesus from the dead (vs. 11)
- f. Helps us mortify sin (vs. 13)
- g. Adopts us (vs. 15)
- h. Strengthens us in weakness (vs. 26)
- i. Helps us pray (vs. 26-27)

We Are Free From Defeat

- a. The Spirit changes our nature (vs. 5-11).**
- b. The Spirit enables us to mortify (vs. 12-13).**
- c. The Spirit empowers us for victory (vs. 14-15).**
- d. The Spirit gives us assurance (vs. 16-17).**

Overview of Romans 6 - 8

- I. Romans 6 – Victory over the Bondage of Sin
- II. Romans 7 – Liberty from Bondage to the Law
- III. Romans 8 – Security in the Holy Spirit

KEY POINT:

The Holy Spirit delivers us from a
fleshly orientation
to a spiritual orientation.

¹³ *“Enter by the narrow gate. For the gate is wide and the way is easy that leads to destruction, and those who enter by it are many. ¹⁴ For the gate is narrow and the way is hard that leads to life, and those who find it are few.”*

Matthew 7:13-14

*²⁸ There is neither Jew nor Greek,
there is neither slave nor free,
there is no male and female,
for you are all one in Christ Jesus.*

Galatians 3:28

I. Because the Holy Spirit
Changes Our Nature (vs. 5-11)

¹⁶ *You will recognize them by their fruits.
Are grapes gathered from thorn bushes,
or figs from thistles?*

Matthew 7:16

*³³ But turning and seeing his disciples,
he rebuked Peter and said,
“Get behind me, Satan!
For you are not setting your mind
on the things of God, but on the things of man.”*

Mark 8:33

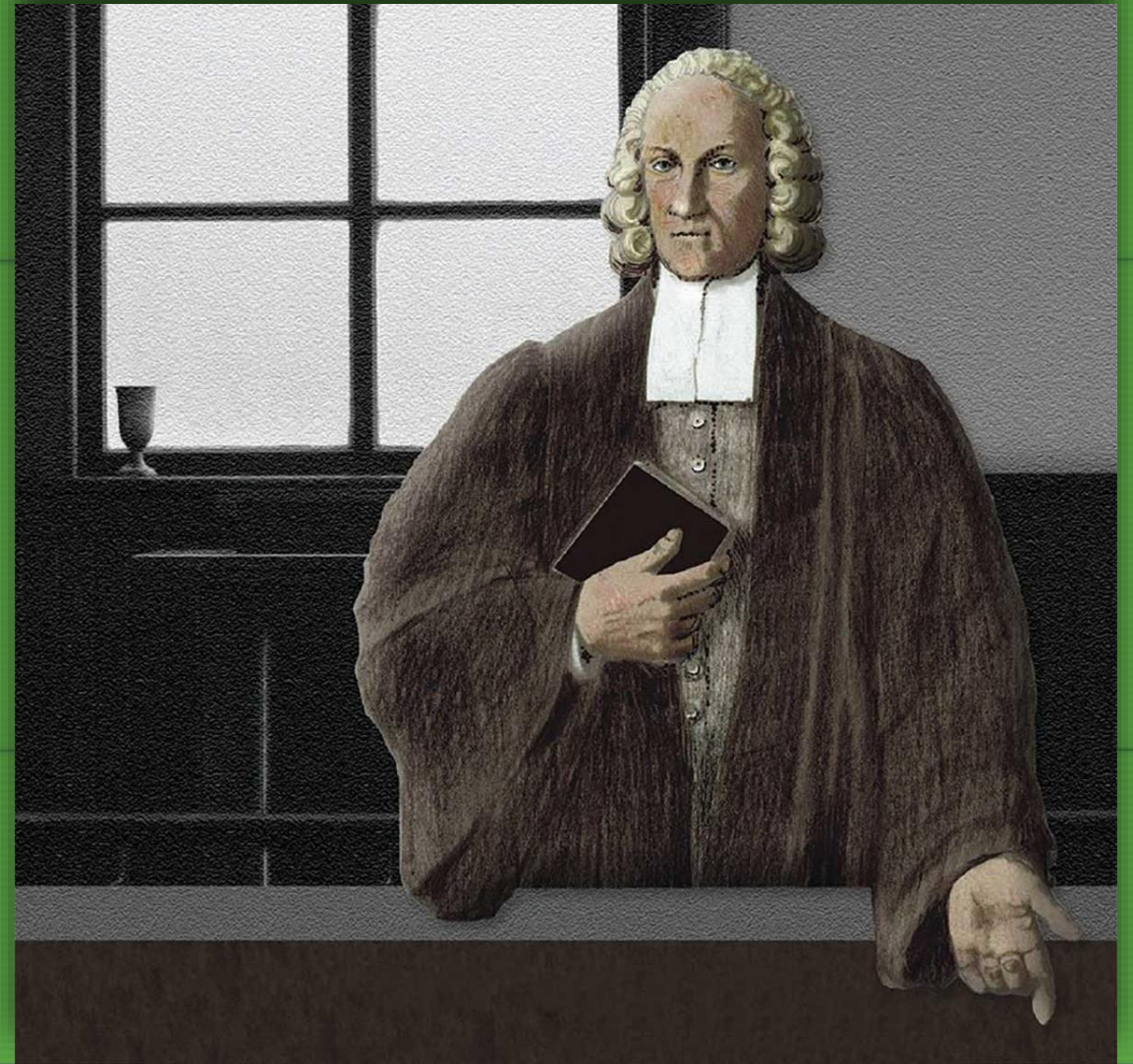
¹⁸For many, of whom I have often told you and now tell you even with tears, walk as enemies of the cross of Christ. ¹⁹Their end is destruction, their god is their belly, and they glory in their shame, with minds set on earthly things. ²⁰But our citizenship is in heaven, and from it we await a Savior, the Lord Jesus Christ,

Philippians 3:18-20

KEY POINT:

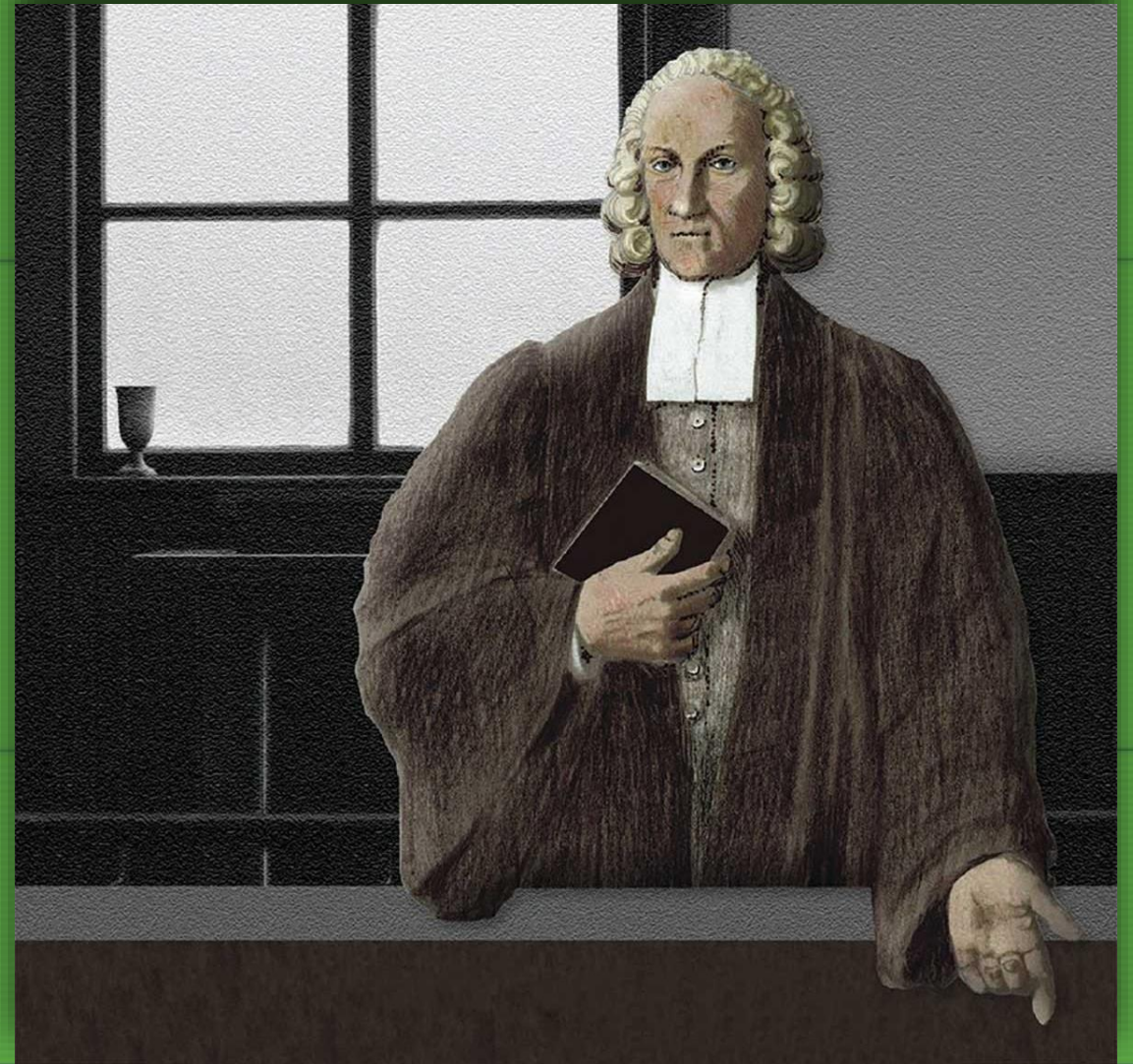
The Holy Spirit delivers us from a
fleshly orientation
to a *spiritual orientation*.

“Hell is a spiritual and material furnace of fire where its victims are exquisitely tortured in their minds and in their bodies eternally, according to their various capacities,



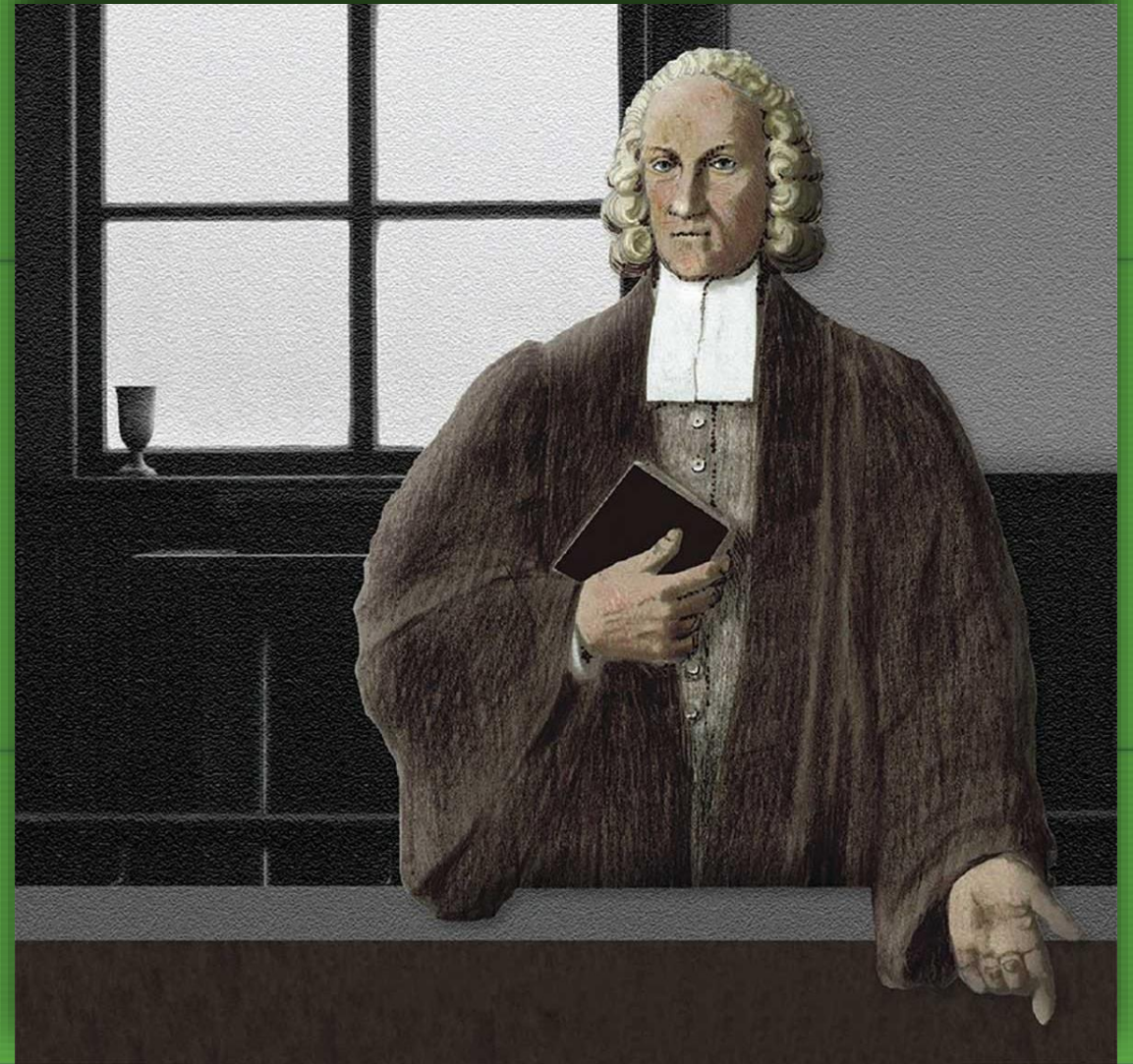
Jonathan Edwards
5 Oct 1703 — 22 Mar 1758

...
in their memories
and consciences
as well as in their raging,
unsatisfied lusts,



Jonathan Edwards
5 Oct 1703 — 22 Mar 1758

from which place of death
God's saving grace,
mercy, and pity
are gone forever,
never for a moment
to return."



Jonathan Edwards
5 Oct 1703 — 22 Mar 1758

¹I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. ²Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.

Romans 12:1-2

*⁸For the one who sows to his own flesh
will from the flesh reap corruption,
but the one who sows to the Spirit
will from the Spirit reap eternal life.*

Galatians 6:8

PEACE:

- A. the peace we get when we are reconciled to the Creator.
- B. The wicked do not experience this (Isa 46:22; Rom 5:1).
- C. The kingdom of God is a place “*righteousness and peace*” (Rom 14:17).

The Indwelling of The Holy Spirit

- A. “the presence or abiding of the Holy Spirit within each individual believer that abides in him forever.”
- B. 5 reasons the Holy Spirit indwells us
 1. To partner with His sealing our salvation
 2. To change us unto the image of the Son
 3. To enable us to use our gifts in the body of Christ
 4. To teach us
 5. To strengthen us for obedience

“I was in a new world.
The next morning the sun
shone brighter
and the birds sing sweeter.
...the old elms waved
their branches for joy,
and all nature
was at peace.”



D. L. Moody
5 Feb 1837 — 26 Dec 1899

KEY POINT:

The Holy Spirit delivers us from a
fleshly orientation
to a *spiritual orientation*.

I. Because the Holy Spirit Changes

Our Nature (vs. 5-11)

II. Because the Holy Spirit Enables

Us to Mortify Sin (vs. 12-13)

9 Directives for Mortifying Sin

1. Diagnose sin's severity.
2. Grasp sin's serious consequences.
3. Be convinced of your guilt.
4. Earnestly desire deliverance.



John Owen
1616 — 24 Aug 1683

9 Directives for Mortifying Sin

5. Consider the relationship between your sins and your natural temperament.
6. Avoid occasions that incite sin.
7. Address sin's first signs.
8. Meditate on God's glory.
9. Don't rush to comfort yourself.



John Owen
1616 — 24 Aug 1683

**“Mortification
of any sin
must be by
a supply of grace.
Of our selves
we cannot do it.”**

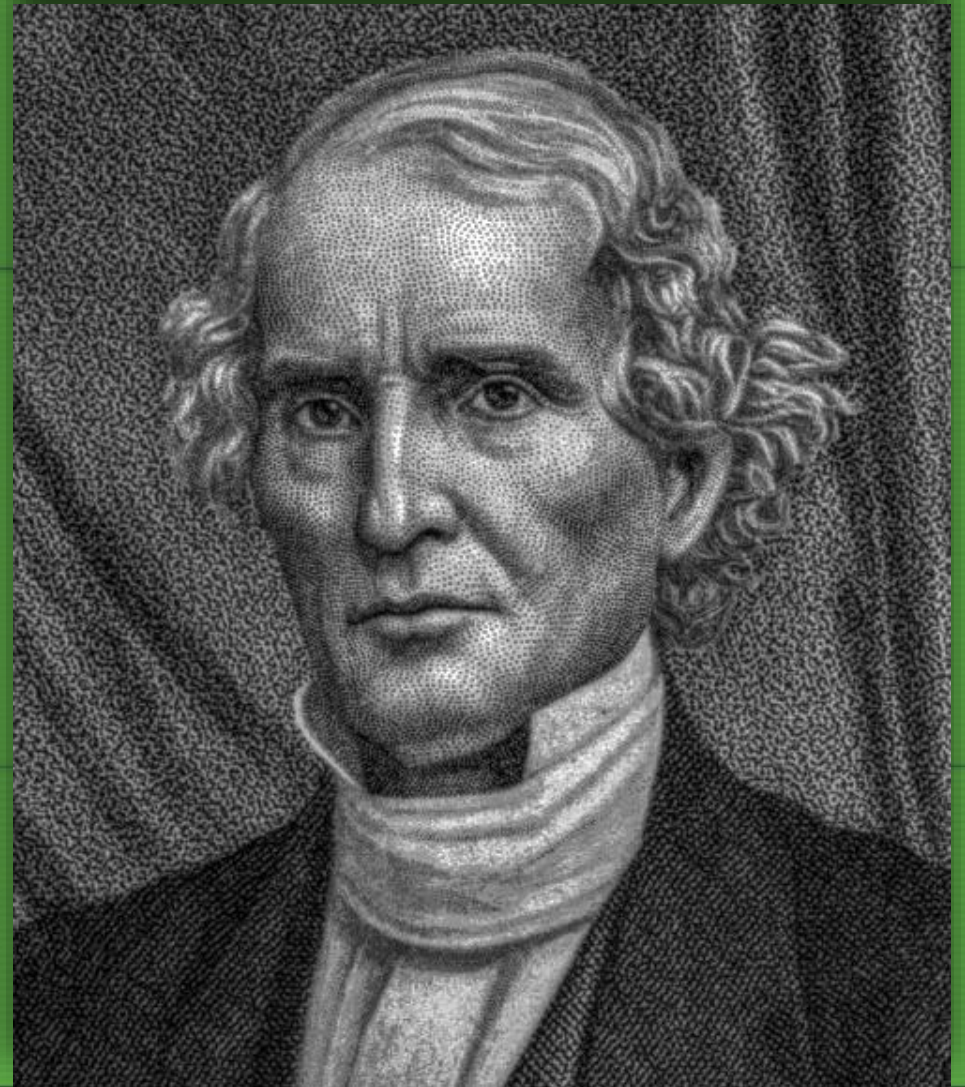


John Owen
1616 — 24 Aug 1683

*¹¹ I have stored up your word in my heart,
that I might not sin against you.*

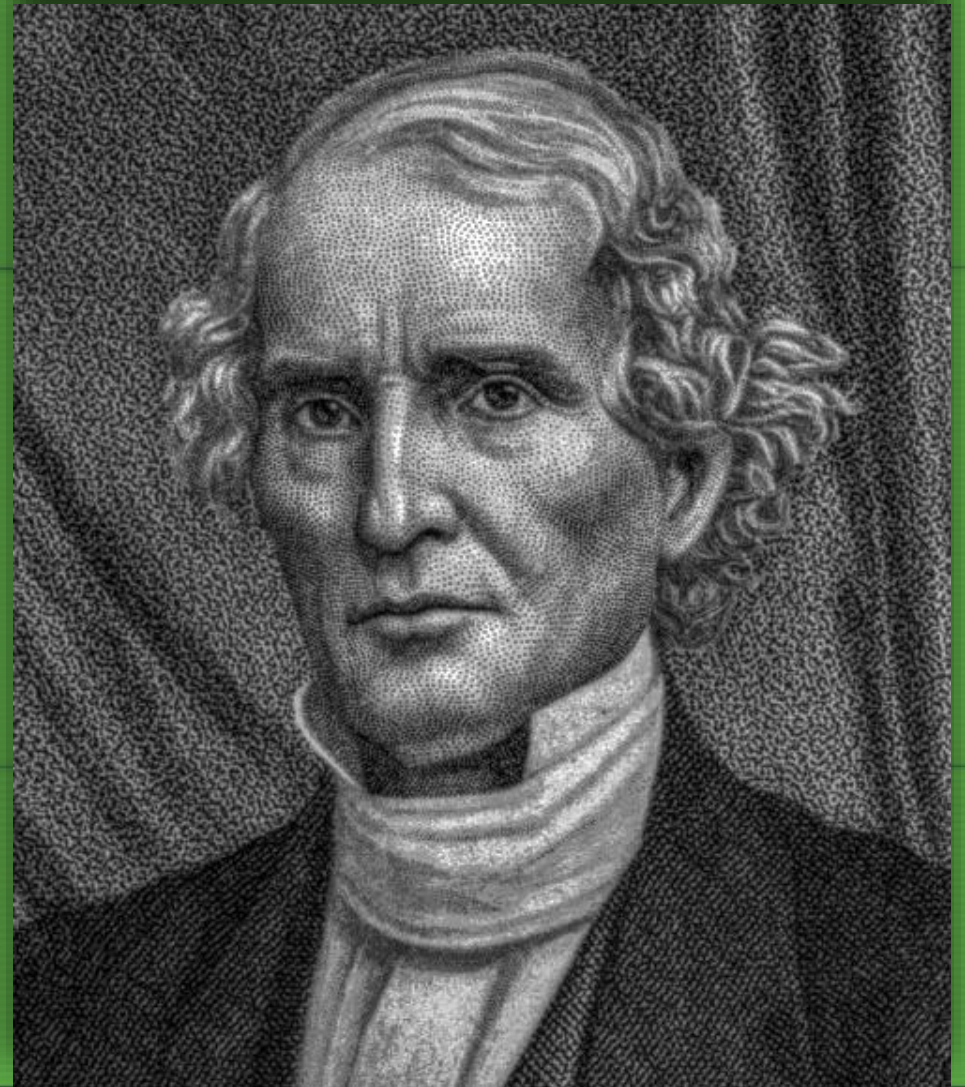
Psalm 119:11

“The meaning here is,
that he had treasured up
the word of God,
as the most valuable thing,
in his heart;



Albert Barnes
1 Dec 1798 — 24 Dec 1870

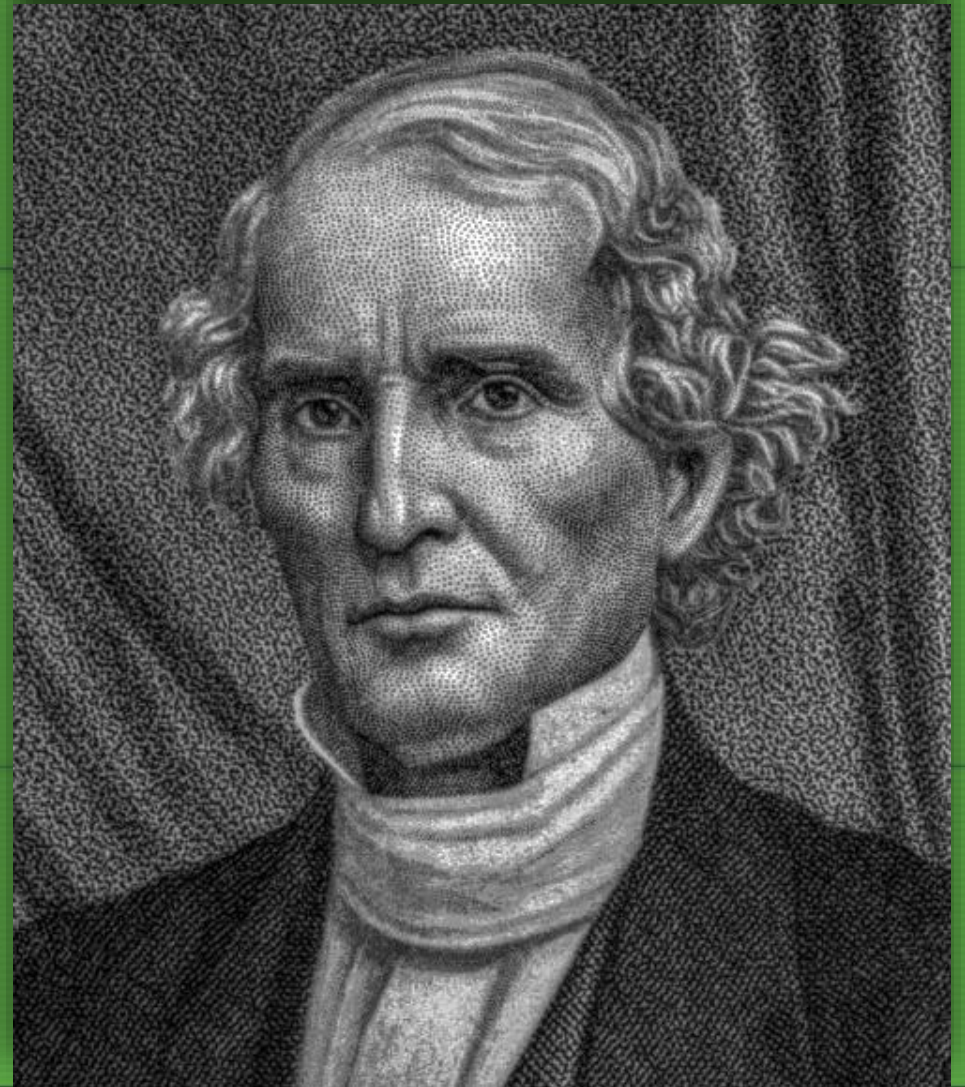
- it was there,
though unseen;
it constituted
the secret power
by which
he was governed;



Albert Barnes

1 Dec 1798 — 24 Dec 1870

- it was permanently deposited there, as the most valuable of all treasures.”



Albert Barnes

1 Dec 1798 — 24 Dec 1870