Psalm 121 God is our Keeper



¹ I lift up my eyes to the hills. From where does my help come? ² My help comes from the Lord, who made heaven and earth.



³ He will not let your foot be moved; he who keeps you will not slumber. ⁴ Behold, he who keeps Israel will neither slumber nor sleep.



⁵ The LORD is your keeper;
the LORD is your shade on your right hand.
⁶ The sun shall not strike you by day,
nor the moon by night.



⁷ The Lord will keep you from all evil; he will keep your life. ⁸ The LORD will keep your going out and your coming in from this time forth and forevermore.



¹ I lift up my eyes to the hills. From where does my help come? ² My help comes from the Lord, who made heaven and earth.

We must not rely upon men and means, instruments and second causes. Shall I depend upon the strength of the hills? upon princes and great men? No; my confidence is in God only. Or, we must lift up our eyes above the hills; we must look to God who makes all earthly things to us what they are. We must see all our help in God; from him we must expect it, in his own way and time. Matthew Henry

Jeremiah 3

²³ Surely, an illusion comes from the hills, the turmoil on the mountains.
Surely, in Yahweh our God
is the salvation of Israel.

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³ He will not let your foot be moved; he who keeps you will not slumber. ⁴ Behold, he who keeps Israel will neither slumber nor sleep.

¹⁶ Who rises up for me against the wicked? Who stands up for me against evildoers? 17 If the LORD had not been my help, my soul would soon have lived in the land of silence. 18 When I thought, "My foot slips," your steadfast love, O LORD, held me up. 19 When the cares of my heart are many, your consolations cheer my soul.

Psalm 127:1

Unless the Lord builds the house, those who build it labor in vain. Unless the Lord watches over the city, the watchman stays awake in vain.



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the LORD is your shade on your right hand.
⁶ The sun shall not strike you by day,
nor the moon by night.

Exodus 13:21

And the Lord went before them by day in a pillar of cloud to lead them along the way, and by night in a pillar of fire to give them light, that they might travel by day and by night.

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