

CONTENTMENT





Content Definition

If you feel content, you're satisfied and happy. This word has two main meanings. The first has to do with being pleased and satisfied (feeling content) or making someone else feel happy and at peace with things (contenting them)



Contentment Strong's Definition

A perfect condition in life in which no aid or support is needed.

Sufficiency of the necessities of life

A mind contented with its lot

An aerial photograph of a white church with a tall, pointed steeple, surrounded by trees with vibrant autumn foliage in shades of orange, yellow, and red. The church is situated on a slight rise, and the surrounding area is a mix of green and colorful trees. The overall scene is peaceful and scenic.

Signs of being discontent.

You feel like you're not as good as other people.

You find yourself striving in vain for an impossible-to-achieve standard of perfection.

You often feel helpless, hopeless, or pessimistic.

You're always trying to fit in and belong but rarely feel like you do.

You find yourself judging others.



3 SIGNS OF A DISCONTENTED HEART

August 13, 2015 by

Kelsey M Ferguson

LOOKING TO OTHERS FOR VALIDATION

RELYING ON SELF TO GET THROUGH THE DAY

FORGETTING GOD IS (THE MOST IMPORTANT)
PART OF THE EQUATION

DISCONTENT PEOPLE IN SCRIPTURE

- David – Bathsheba 2 Samuel 11
- People of Israel Exodus 32
- Peter pick a verse, Matthew 16

CONTENT PEOPLE IN SCRIPTURE

A lighthouse on a rocky island at sunset over the ocean. The sun is low on the horizon, creating a bright reflection on the water. The lighthouse is silhouetted against the sky.

- Ruth 1
- David – Goliath 1 Samuel 17





CONTENTMENT STARTS HERE

Exodus 20: ² “I am the Lord your God, who brought you out of the land of Egypt, out of the house of slavery.

³ “You shall have no other gods before me.

Matthew 22:³⁷ Jesus replied: “Love the Lord your God with all your heart and with all your soul and with all your mind.

JESUS

25 “Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food, and the body more than clothing? 26 Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they?”

JESUS

27 And which of you by being anxious can add a single hour to his span of life? 28 And why are you anxious about clothing? Consider the lilies of the field, how they grow: they neither toil nor spin, 29 yet I tell you, even Solomon in all his glory was not arrayed like one of these. 30 But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will he not much more clothe you, O you of little faith?

JESUS

31 Therefore do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' 32 For the Gentiles seek after all these things, and your heavenly Father knows that you need them all. 33 But seek first the kingdom of God and his righteousness, and all these things will be added to you. 34 "Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble. Matthew 6:25-34

PAUL

But godliness with contentment is great gain, for we brought nothing into the world, and we cannot take anything out of the world. But if we have food and clothing, with these we will be content. But those who desire to be rich fall into temptation, into a snare, into many senseless and harmful desires that plunge people into ruin and destruction.

PAUL

For the love of money is a root of all kinds of evils. It is through this craving that some have wandered away from the faith and pierced themselves with many pangs. 1 Timothy 6:6-10

PAUL

I rejoiced in the Lord greatly that now at length you have revived your concern for me. You were indeed concerned for me, but you had no opportunity. Not that I am speaking of being in need, for I have learned in whatever situation I am to be content.

PAUL

I know how to be brought low, and I know how to abound. In any and every circumstance, I have learned the secret of facing plenty and hunger, abundance and need. I can do all things through him who strengthens me.

Philippians 4:10-13

PAUL

So to keep me from becoming conceited because of the surpassing greatness of the revelations, a thorn was given me in the flesh, a messenger of Satan to harass me, to keep me from becoming conceited. Three times I pleaded with the Lord about this, that it should leave me.

PAUL

But he said to me, “My grace is sufficient for you, for my power is made perfect in weakness.” Therefore, I will boast all the more gladly of my weaknesses, so that the power of Christ may rest upon me. For the sake of Christ, then, I am content with weaknesses, insults, hardships, persecutions, and calamities. For when I am weak, then I am strong. 2

Corinthians 12:7-10

GRACE

It is the good will, loving-kindness, favor of the merciful kindness by which God, exerting his holy influence upon souls, turns them to Christ, keeps, strengthens, increases them in Christian faith, knowledge, affection, and kindles them to the exercise of the Christian virtues

Strong's Concordance

PAUL

But he said to me, “My grace is sufficient for you, for my power is made perfect in weakness.” Therefore, I will boast all the more gladly of my weaknesses, so that the power of Christ may rest upon me. For the sake of Christ, then, I am content with weaknesses, insults, hardships, persecutions, and calamities. For when I am weak, then I am strong.

2 Corinthians 12:7-10



PAUL

**So, whether you eat or drink, or whatever you do, do
all to the glory of God.**

1 Corinthians 10:31

Hebrews 13:5-6

Keep your life free from love of money, and be content with what you have, for he has said, “I will never leave you nor forsake you.” So, we can confidently say, “The Lord is my helper; I will not fear; what can man do to me?”

KEY THOUGHT

You will only be content in life, when the content of your life is God sufficient.

ADDITIONAL VERSES TO PONDER

- I Corinthians 7:17-24
- Romans 8:28
- Philippians 2:3-4
- Proverbs 11:24-25
- Proverbs 27:20
- Ecclesiastes 5:10-12